

ROWAN



LISA RICHARDSON
PATRICIA

ROWEX-00005-ENP



LISA RICHARDSON
PATRICIA



SIZE

To fit bust

81-86	91-97	102-107	112-117	122-127	cm
32-34	36-38	40-42	44-46	48-50	in

Actual bust measurement of garment

92.5	104	114	124	134	cm
36½	41	45	48¾	52¾	in

YARN

Summerlite 4ply

A High Tide 428

9	10	11	13	14	x 50gm
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Kidsilk Haze

B Peacock 671

8	9	10	11	12	x 25gm
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NEEDLES

1 pair 3mm (no 11) (US 2/3) needles

1 pair 3¼mm (no 10) (US 3) needles

Cable needle

BUTTONS – 5 x BN1365 (shell 1.1 cm) from Bedecked. Please see information page for contact details.

TENSION

32 sts and 35 rows to 10 cm measured over patt using 3¼mm (US 3) needles and one strand each of yarns A and B held together.

SPECIAL ABBREVIATIONS

C2B = slip next st onto a cable needle and leave at back of work, K1, then K1 from cable needle; **C4B** = slip next 2 sts onto a cable needle and leave at back of work, K2, then K2 from cable needle; **C4F** = slip next 2 sts onto a cable needle and leave at front of work, K2, then K2 from cable needle; **Cr3L** = slip next 2 sts onto a cable needle and leave at front of work, P1, then K2 from cable needle; **Cr3R** = slip next st onto a cable needle and leave at back of work, K2, then P1 from cable needle.

BACK

Using 3¼mm (US 3) needles cast on 148 [166: 182: 198: 214] sts using one strand each of yarns A and B held together.

Beg and ending rows as indicated and repeating the 28 row patt repeat throughout, cont in patt from chart as follows:

Work 20 [22: 22: 24: 24] rows, ending with RS facing for next row.

Keeping patt correct, dec 1 st at each end of next and 2 [2: 4: 4: 6] foll 6th rows, then on 7 [7: 4: 4: 1] foll 4th rows.

128 [146: 164: 180: 198] sts.

Work 13 [13: 15: 15: 17] rows, ending with RS facing for next row.

Inc 1 st at each end of next and 5 [5: 2: 2: 6] foll 4th [4th: 4th: 4th: 6th] rows, then on 4 [4: 6: 6: 1] foll 6th [6th: 6th: 6th: 8th] rows, taking inc sts into patt. 148 [166: 182: 198: 214] sts.

Work 11 rows, ending with RS facing for next row. (Back should meas approx 37 [37.5: 38.5: 39: 39.5] cm.)

Shape armholes

Keeping patt correct, cast off 6 [7: 8: 9: 9] sts at beg of next 2 rows.

136 [152: 166: 180: 196] sts.

Dec 1 st at each end of next 7 [13: 17: 19: 21] rows, then on foll 7 [5: 4: 4: 4] alt rows. 108 [116: 124: 134: 146] sts.

Cont straight until armholes meas 20 [21.5: 23: 24.5: 26] cm, ending with RS facing for next row.

Shape shoulders and back neck

Next row (RS): Cast off 5 [6: 7: 8: 9] sts, patt until there are 28 [31: 33: 37: 41] sts on right needle and turn, leaving rem sts on a holder.

Work each side of neck separately.

Dec 1 st at neck edge of next 4 rows, then on foll alt row **and at same**

time cast off 5 [6: 7: 8: 9] sts at beg of 2nd and foll 0 [1: 2: 2: 2] alt rows,

then 6 [7: -: -: -] sts at beg of foll 2 [1: -: -: -] alt rows.

Work 1 row.

Cast off rem 6 [7: 7: 8: 9] sts.

With RS facing, slip centre 42 [42: 44: 44: 46] sts onto a holder (for collar), rejoin yarns and patt to end.

Complete to match first side, reversing shapings.

POCKET LININGS (make 2)

Using 3mm (US 2/3) needles and yarn A cast on 34 sts.

Beg with a K row, work in st st for 14 cm, ending with **WS** facing for next row.

Next row (WS): P5, M1, (P8, M1) 3 times, P5. 38 sts.

Break yarn and leave sts on a holder.

LEFT FRONT

Using 3¼mm (US 3) needles cast on 72 [81: 89: 97: 105] sts using one strand each of yarns A and B held together.

Beg and ending rows as indicated and repeating the 28 row patt repeat throughout, cont in patt from chart as follows:

Work 20 [22: 22: 24: 24] rows, ending with RS facing for next row.

Keeping patt correct, dec 1 st at beg of next and 2 [2: 4: 4: 5] foll 6th rows, then on 5 [5: 2: 2: 0] foll 4th rows.

64 [73: 82: 90: 99] sts.

Work 3 [3: 3: 3: 5] rows, ending with RS facing for next row.

Place pocket

Next row (RS): Work 2 tog, patt 9 [12: 15: 17: 20] sts, slip next 38 sts onto a holder (for pocket top) and, in their place, patt across 38 sts of first pocket lining, patt 15 [21: 27: 33: 39] sts. 63 [72: 81: 89: 98] sts.

Keeping patt correct across all sts, work 3 rows, ending with RS facing for next row.

Dec 1 st at beg of next row. 62 [71: 80: 88: 97] sts.

Work 13 [13: 15: 15: 17] rows, ending with RS facing for next row.

Inc 1 st at beg of next and 5 [5: 2: 2: 6] foll 4th [4th: 4th: 4th: 6th] rows,

then on 4 [4: 6: 6: 1] foll 6th [6th: 6th: 6th: 8th] rows, taking inc sts into patt. 72 [81: 89: 97: 105] sts.

Work 5 rows, ending with RS facing for next row.

Shape front slope

Place marker at beg of last row (to denote beg of front slope shaping).

Keeping patt correct, dec 1 st at end of next and foll 2 alt rows.

69 [78: 86: 94: 102] sts.

Work 1 row, ending with RS facing for next row.

Shape armhole

Keeping patt correct, cast off 6 [7: 8: 9: 9] sts at beg and dec 1 st at end of next row. 62 [70: 77: 84: 92] sts.

Work 1 row.

Dec 1 st at armhole edge of next 7 [13: 17: 19: 21] rows, then on foll 7 [5: 4: 4: 4] alt rows **and at same time** dec 1 st at front slope edge of next and foll 8 [5: 5: 2: 1] alt rows, then on 1 [3: 3: 5: 6] foll 4th rows, ending with **WS** facing for next row. 38 [43: 47: 53: 59] sts.

Place a marker at end of last row (to denote end of lapel for picking up front band).

Dec 1 st at front slope edge **only** on 4th [4th: 2nd: 2nd: 2nd] and 9 [10: 11: 12: 13] foll 4th rows. 28 [32: 35: 40: 45] sts.

Cont straight until left front matches back to beg of shoulder shaping, ending with RS facing for next row.

Shape shoulder

Cast off 5 [6: 7: 8: 9] sts at beg of next and foll 1 [2: 3: 3: 3] alt rows, then 6 [7: -: -: -] sts at beg of foll 2 [1: -: -: -] alt rows.

Work 1 row.

Cast off rem 6 [7: 7: 8: 9] sts.

RIGHT FRONT

Using 3¼mm (US 3) needles cast on 72 [81: 89: 97: 105] sts using one strand each of yarns A and B held together.

Beg and ending rows as indicated and repeating the 28 row patt repeat throughout, cont in patt from chart as follows:

Work 20 [22: 22: 24: 24] rows, ending with RS facing for next row.

Keeping patt correct, dec 1 st at end of next and 2 [2: 4: 4: 5] foll 6th rows, then on 5 [5: 2: 2: 0] foll 4th rows. 64 [73: 82: 90: 99] sts.

Work 3 [3: 3: 3: 5] rows, ending with RS facing for next row.

Place pocket

Next row (RS): Patt 15 [21: 27: 33: 39] sts, slip next 38 sts onto a holder (for pocket top) and, in their place, patt across 38 sts of second pocket lining, patt 9 [12: 15: 17: 20] sts, work 2 tog. 63 [72: 81: 89: 98] sts.

Keeping patt correct across all sts, work 3 rows, ending with RS facing for next row.

Dec 1 st at end of next row. 62 [71: 80: 88: 97] sts.

Work 13 [13: 15: 15: 17] rows, ending with RS facing for next row.

Inc 1 st at end of next and 5 [5: 2: 2: 6] foll 4th [4th: 4th: 4th: 6th] rows, then on 4 [4: 6: 6: 1] foll 6th [6th: 6th: 6th: 8th] rows, taking inc sts into patt. 72 [81: 89: 97: 105] sts.

Work 5 rows, ending with RS facing for next row.

Shape front slope

Place marker at end of last row (to denote beg of front slope shaping).

Keeping patt correct, dec 1 st at beg of next and foll 3 alt rows, ending with **WS** facing for next row. 68 [77: 85: 93: 101] sts.

Shape armhole

Keeping patt correct, cast off 6 [7: 8: 9: 9] sts at beg of next row.

62 [70: 77: 84: 92] sts.

Dec 1 st at armhole edge of next 7 [13: 17: 19: 21] rows, then on foll 7 [5: 4: 4: 4] alt rows **and at same time** dec 1 st at front slope edge of next and foll 8 [5: 5: 2: 1] alt rows, then on 1 [3: 3: 5: 6] foll 4th rows, ending with **WS** facing for next row. 38 [43: 47: 53: 59] sts.

Place a marker at beg of last row (to denote end of lapel for picking up front band).

Complete to match left front, reversing shapings.

SLEEVES

Using 3¼mm (US 3) needles cast on 70 [74: 76: 76: 80] sts using one strand each of yarns A and B held together.

Beg and ending rows as indicated and repeating the 28 row patt repeat throughout, cont in patt from chart as follows:

Inc 1 st at each end of 7th [7th: 7th: 5th: 5th] and every foll 6th [6th: 6th: 4th: 4th] row to 76 [96: 110: 82: 92] sts, then on every foll 8th [8th: 8th: 6th: 6th] row until there are 108 [116: 122: 128: 134] sts, taking inc sts into patt.

Cont straight until sleeve meas 45 [45: 46: 46: 46] cm, ending with RS facing for next row.

Shape top

Keeping patt correct, cast off 6 [7: 8: 9: 9] sts at beg of next 2 rows. 96 [102: 106: 110: 116] sts.

Dec 1 st at each end of next 7 rows, then on every foll alt row until 46 [46: 46: 42: 42] sts rem, then on foll 9 [9: 9: 7: 7] rows, ending with RS facing for next row.

Cast off rem 28 sts.

MAKING UP

Press as described on the information page.

Join both shoulder seams using back stitch, or mattress stitch if preferred.

Button band and lapel

With RS facing, using 3mm (US 2/3) needles and one strand each of yarns A and B held together, beg at marker denoting end of lapel on left front, pick up and knit 26 [30: 30: 34: 34] sts down left front slope to marker denoting beg of front slope shaping, and 116 [116: 120: 120: 120] sts evenly down left front opening edge. 142 [146: 150: 154: 154] sts.

Row 1 (WS of body, RS of lapel): K1, *P2, K2, rep from * to last st, K1.

Row 2: K1, *P2, K2, rep from * to last st, K1.

These 2 rows form rib.

Work 1 row, ending with RS of body (**WS** of lapel) facing for next row.

******Keeping rib correct as set, now shape lapel as follows:

Row 1: Rib 4, wrap next st (by slipping next st from left needle onto right needle, taking yarn to opposite side of work between needles and then slipping same st back onto left needle – when working back across wrapped sts work the wrapped st and the wrapping loop tog as one st) and turn.

Row 2 and every foll alt row: Rib to end of lapel.

Row 3: Rib 7 [8: 8: 8: 8], wrap next st and turn.

Row 5: Rib 10 [12: 12: 12: 12], wrap next st and turn.

Row 7: Rib 13 [15: 15: 16: 16], wrap next st and turn.

Row 9: Rib 16 [18: 18: 20: 20], wrap next st and turn.

Row 11: Rib 19 [21: 21: 24: 24], wrap next st and turn.

Row 13: Rib 22 [24: 24: 28: 28], wrap next st and turn.

Row 15: Rib 24 [27: 27: 31: 31], wrap next st and turn.

Row 17: Rib 26 [30: 30: 34: 34], wrap next st and turn.

Row 18: Rib to end of lapel.

Lapel shaping is now complete.******

Now working across **all** sts in rib as set, cont as follows:

Work 4 rows, ending with RS of body (**WS** of lapel) facing for next row.

Cast off in rib.

Buttonhole band and lapel

With RS facing, using 3mm (US 2/3) needles and one strand each of yarns A and B held together, beg at cast-on edge of right front, pick up and knit 116 [116: 120: 120: 120] sts evenly up right front opening edge to marker denoting beg of front slope shaping, and 26 [30: 30: 34: 34] sts up right front slope to marker denoting end of lapel. 142 [146: 150: 154: 154] sts.

Row 1 (WS of body, RS of lapel): K3, P2, *K2, P2, rep from * to last st, K1.

Row 2: K3, P2, *K2, P2, rep from * to last st, K1.

These 2 rows form rib, ending with **WS** of body (RS of lapel) facing for next row.

Work as given for button band and lapel from ****** to ******.

Now working across **all** sts in rib as set, cont as follows:

Work 1 row, ending with RS of body (**WS** of lapel) facing for next row.

Next row (RS of body, WS of lapel): Rib 9, *work 2 tog, yrn (to make a buttonhole), rib 24 [24: 25: 25: 25], rep from * 3 times more, work 2 tog, yrn (to make 5th buttonhole), rib to end.

Work in rib for a further 3 rows, ending with RS of body (**WS** of lapel) facing for next row.

Cast off in rib.

Collar

With RS facing, using 3mm (US 2/3) needles and one strand each of yarns A and B held together, beg and ending at markers denoting end of lapels, pick up and knit 50 [54: 57: 59: 62] sts up right front slope, and 7 sts down right side of back back, K across 42 [42: 44: 44: 46] sts on back holder, pick up and knit 7 sts up left side of back neck, then 50 [54: 57: 59: 62] sts down left front slope. 156 [164: 172: 176: 184] sts.

Row 1 (WS of body, RS of collar): K1, P2, *K2, P2, rep from * to last st, K1.

Row 2: K3, *P2, K2, rep from * to last st, K1.

These 2 rows form rib.

Keeping rib correct as set, now shape collar as follows:

Row 1: Rib 106 [110: 115: 117: 122], wrap next st and turn.

Row 2: Rib 56 [56: 58: 58: 60], wrap next st and turn.

Row 3: Rib 64 [64: 66: 66: 68], wrap next st and turn.

Row 4: Rib 72 [72: 74: 74: 76], wrap next st and turn.

Row 5: Rib 80 [80: 82: 82: 84], wrap next st and turn.

Row 6: Rib 88 [88: 90: 90: 92], wrap next st and turn.

Row 7: Rib 96 [96: 98: 98: 100], wrap next st and turn.

Row 8: Rib 104 [104: 106: 106: 108], wrap next st and turn.

Row 9: Rib to end.

Now working across **all** sts in rib as set, cont as folls:

Work 22 rows, ending with RS of body (**WS** of collar) facing for next row.

Cast off in rib.

Join row-end edges of lapels to row-end edges of collar for 3 cm from pick-up rows, leaving 4 cm open at outer edges.

Pocket tops (both alike)

Slip 38 sts on pocket holder onto 3mm (US 2/3) needles and rejoin one strand each of yarns A and B held together with RS facing.

Row 1 (RS): K2tog, K2, *P2, K2, rep from * to last 2 sts, K2tog. 36 sts.

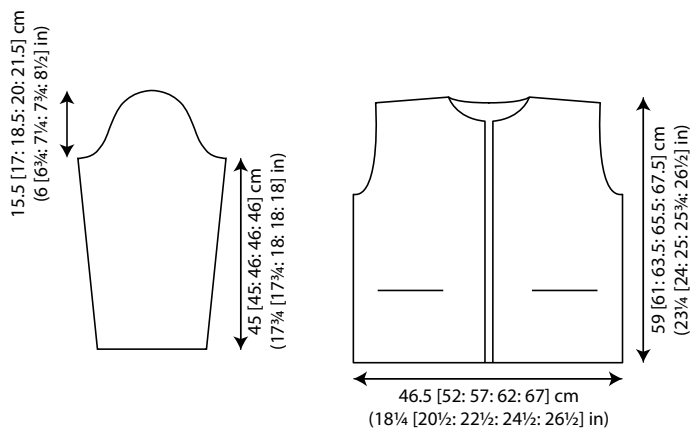
Row 2: K1, P2, *K2, P2, rep from * to last st, K1.

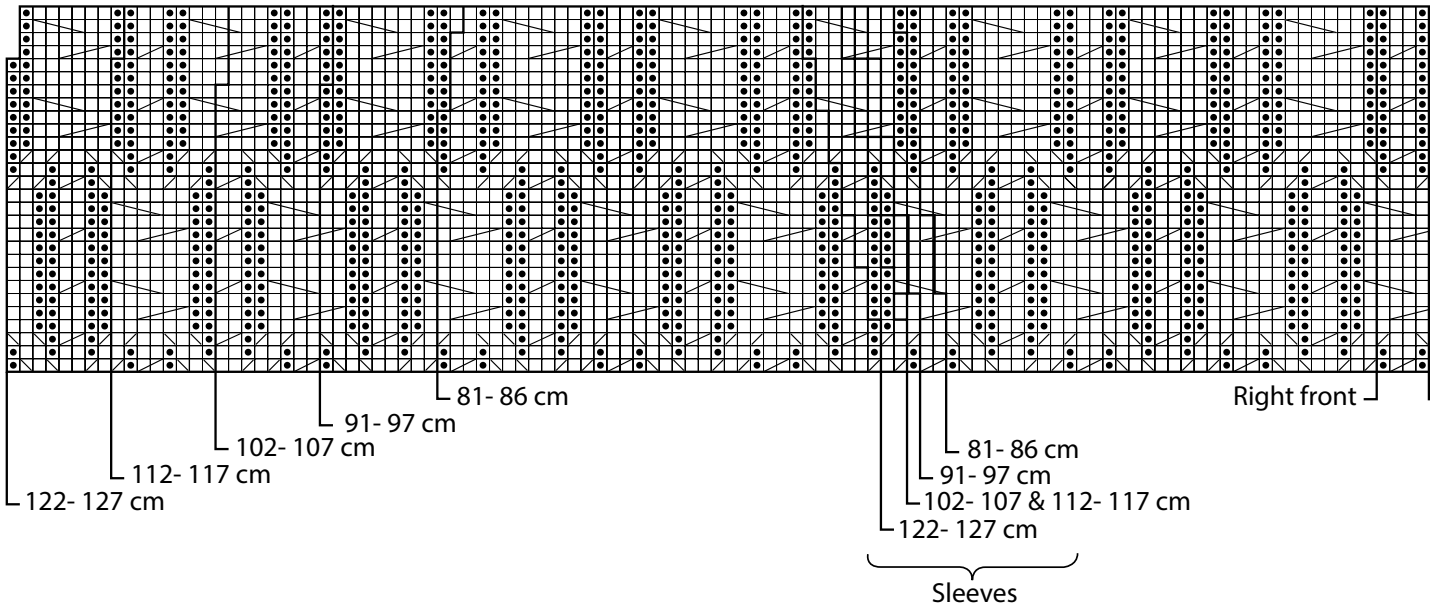
Row 3: K3, *P2, K2, rep from * to last st, K1.

Rep rows 2 and 3 once more, then rep row 2 once again, ending with RS facing for next row.

Cast off in rib.

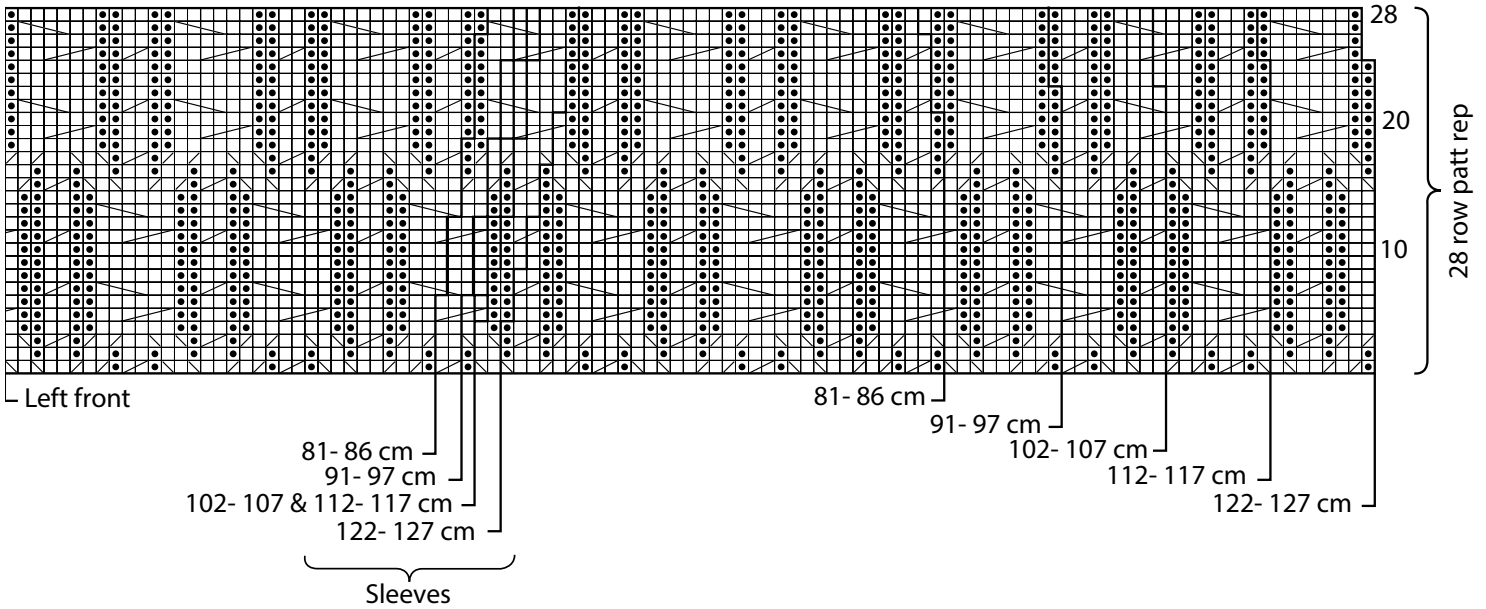
See information page for finishing instructions, setting in sleeves using the set-in method.





Key

- K on RS, P on WS
- P on RS, K on WS
- ▨ C2B
- ▧ Cr3L
- ▩ Cr3R
- ▩ C4B
- ▩ C4F



TENSION

Obtaining the correct tension is perhaps the single factor which can make the difference between a successful garment and a disastrous one. It controls both the shape and size of an article, so any variation, however slight, can distort the finished garment. Different designers feature in our books and it is their tension, given at the start of each pattern, which you must match. We recommend that you knit a square in pattern and/or stocking stitch (depending on the pattern instructions) of perhaps 5 - 10 more stitches and 5 - 10 more rows than those given in the tension note. Mark out the central 10cm square with pins. If you have too many stitches to 10cm try again using thicker needles, if you have too few stitches to 10cm try again using finer needles. Once you have achieved the correct tension your garment will be knitted to the measurements indicated in the size diagram shown at the end of the pattern.

CHART NOTE

Many of the patterns in the book are worked from charts. Each square on a chart represents a stitch and each line of squares a row of knitting. Each colour used is given a different letter and these are shown in the materials section, or in the key alongside the chart of each pattern. When working from the charts, read odd rows (K) from right to left and even rows (P) from left to right, unless otherwise stated. When working lace from a chart it is important to note that all but the largest size may have to alter the first and last few stitches in order not to lose or gain stitches over the row.

WORKING A LACE PATTERN

When working a lace pattern it is important to remember that if you are unable to work both the increase and corresponding decrease and vice versa, the stitches should be worked in stocking stitch.

KNITTING WITH COLOUR

There are two main methods of working colour into a knitted fabric: Intarsia and Fairisle techniques. The first method produces a single thickness of fabric and is usually used where a colour is only required in a particular area of a row and does not form a repeating pattern across the row, as in the fairisle technique.

Fairisle type knitting: When two or three colours are worked repeatedly across a row, strand the yarn not in use loosely behind the stitches being worked. If you are working with more than two colours, treat the “floating” yarns as if they were one yarn and always spread the stitches to their correct width to keep them elastic. It is advisable not to carry the stranded or “floating” yarns over more than three stitches at a time, but to weave them under and over the colour you are working. The “floating” yarns are therefore caught at the back of the work.

Intarsia: The simplest way to do this is to cut short lengths of yarn for each motif or block of colour used in a row. Then joining in the various colours at the appropriate point on the row, link one colour to the next by twisting them around each other where they meet on the wrong side to avoid gaps. All ends can then either be darned along the colour join lines, as each motif is completed or then can be “knitted-in” to the fabric of the knitting as each colour is worked into the pattern. This is done in much the same way as “weaving-in” yarns when working the Fairisle technique and does save time darning-in ends. It is essential that the tension is noted for intarsia as this may vary from the stocking stitch if both are used in the same pattern.

FINISHING INSTRUCTIONS

After working for hours knitting a garment, it seems a great pity that many garments are spoiled because such little care is taken in the pressing and finishing process. Follow the text below for a truly professional-looking garment.

PRESSING

Block out each piece of knitting and following the instructions on the ball band press the garment pieces, omitting the ribs. Tip: Take special care to press the edges, as this will make sewing up both easier and neater. If the ball band indicates that the fabric is not to be pressed, then covering the blocked out fabric with a damp white cotton cloth and leaving it to stand will have the desired effect. Darn in all ends neatly along the selvedge edge or a colour join, as appropriate.

STITCHING

When stitching the pieces together, remember to match areas of colour and texture very carefully where they meet. Use a seam stitch such as back stitch or mattress stitch for all main knitting seams and join all ribs and neckband with mattress stitch, unless otherwise stated.

CONSTRUCTION

Having completed the pattern instructions, join left shoulder and neckband seams as detailed above. Sew the top of the sleeve to the body of the garment using the method detailed in the pattern, referring to the appropriate guide:

Straight cast-off sleeves: Place centre of cast-off edge of sleeve to shoulder seam. Sew top of sleeve to body, using markers as guidelines where applicable.

Square set-in sleeves: Place centre of cast-off edge of sleeve to shoulder seam. Set sleeve head into armhole, the straight sides at top of sleeve to form a neat right-angle to cast-off sts at armhole on back and front.

Shallow set-in sleeves: Place centre of cast off edge of sleeve to shoulder seam. Match decreases at beg of armhole shaping to decreases at top of sleeve. Sew sleeve head into armhole, easing in shapings.

INFORMATION

Set-in sleeves: Place centre of cast-off edge of sleeve to shoulder seam. Set in sleeve, easing sleeve head into armhole.

Join side and sleeve seams.

Slip stitch pocket edgings and linings into place.

Sew on buttons to correspond with buttonholes.

Ribbed welts and neckbands and any areas of garter stitch should not be pressed.

Wash as directed on the ball band.

ABBREVIATIONS

K	knit
P	purl
st(s)	stitch(es)
inc	increas(e)(ing)
dec	decreas(e)(ing)
st st	stocking stitch (1 row K, 1 row P)
g st	garter stitch (K every row)
beg	begin(ning)
foll	following
rem	remain(ing)
rev st st	reverse stocking stitch (1 row K, 1 row P)
rep	repeat
alt	alternate
cont	continue
patt	pattern
tog	together
mm	millimetres
cm	centimetres
in(s)	inch(es)
RS	right side
WS	wrong side
sl 1	slip one stitch
pssso	pass slipped stitch over
p2sso	pass 2 slipped stitches over
tbl	through back of loop

M1	make one stitch by picking up horizontal loop before next stitch and knitting into back of it
M1P	make one stitch by picking up horizontal loop before next stitch and purling into back of it
yfwd	yarn forward
yrn	yarn round needle
meas	measures
0	no stitches, times or rows
-	no stitches, times or rows for that size
yo	yarn over needle
yfrn	yarn forward round needle
wyib	with yarn at back
sl2togK	slip 2 stitches together knitways

CROCHET TERMS

UK crochet terms and abbreviations have been used throughout. The list below gives the US equivalent where they vary.

ABBREVIATIONS

UK	(US)
dc (sc)	double crochet (single crochet)
htr (hdc)	half treble (half double crochet)
tr (dc)	treble (double crochet)
dtr (tr)	double treble (treble)

EXPERIENCE RATING (For guidance only)

● **Beginner Techniques**

For the beginner knitter, basic garment shaping and straight forward stitch technique.

●● **Simple Techniques**

Simple straight forward knitting, introducing various, shaping techniques and garments.

●●● **Experienced Techniques**

For the more experienced knitter, using more advanced shaping techniques at the same time as colourwork or more advanced stitch techniques.

●●●● **Advanced Techniques**

Advanced techniques used, using advanced stitches and garment shapings and more challenging techniques

BUTTONS, BEADS & RIBBON

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SIZING GUIDE

When you knit and wear a Rowan design we want you to look and feel fabulous. This all starts with the size and fit of the design you choose. To help you to achieve a great knitting experience our sizing conforms to standard clothing sizes. Therefore if you buy a standard size 12 in clothing, then our medium patterns will fit you perfectly.

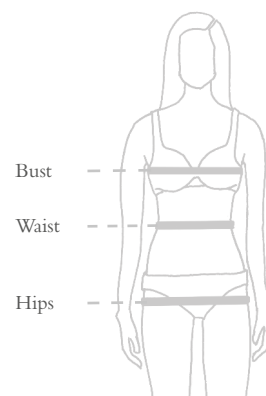
The menswear designs are available to knit in sizes XSmall through to 2XL ie. 38" to 50" chest.

Dimensions in the charts below are body measurements, not garment dimensions, therefore please refer to the measuring guide to help you to determine which is the best size for you to knit.

STANDARD SIZING GUIDE FOR WOMEN

The sizing within this chart is also based on the larger size within the range.

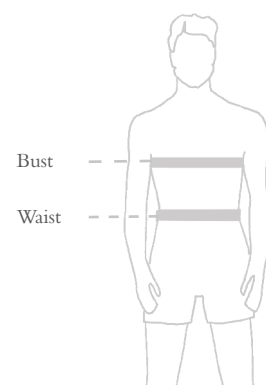
To fit bust	32 – 34	36 – 38	40 – 42	44 – 46	48 – 50	inches
	81 – 86	91 – 97	102 – 107	112 – 117	122 – 127	cm
To fit waist	24 – 26	28 – 30	32 – 34	36 – 38	40 – 42	inches
	61 – 66	71 – 76	81 – 86	91 – 97	102 – 107	cm
To fit hips	34 – 36	38 – 40	42 – 44	46 – 48	50 – 52	inches
	86 – 91	97 – 102	107 – 112	117 – 122	127 – 132	cm



STANDARD MENS AND UNISEX SIZING GUIDE

The sizing within this chart is also based on the larger size within the range.

To fit Chest	32-34	36-38	40-42	44-46	48-50	52-54	inches
	81-86	91-97	102-107	112-117	122-127	132-137	cm
To fit waist	24-26	28-30	32-34	36-38	40-42	44-46	inches
	61-66	71-76	81-86	91-97	102-107	112-117	cm



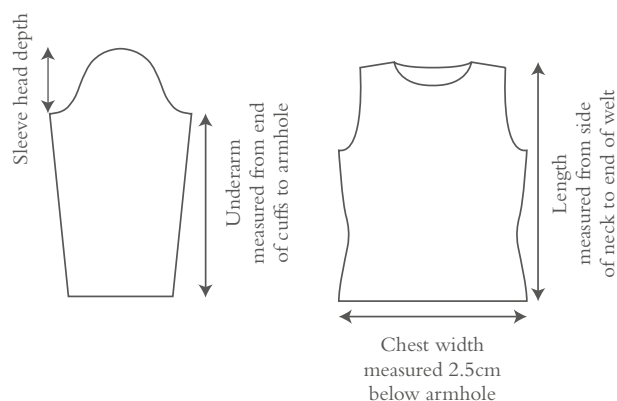
SIZING GUIDE

SIZING DIAGRAM NOTE

The instructions are given for the smallest size. Where they vary, work the figures in brackets for the larger sizes. One set of figures refers to all sizes.

Included with most patterns is a size diagram, see image opposite of the finished garment and its dimensions. The measurement shown at the bottom of each size diagram shows the garment width 2.5cm below the armhole shaping.

To help you choose the size of garment to knit please refer to the sizing guide. Generally in the majority of designs the welt width (at the cast on edge of the garment) is the same width as the chest. However, some designs are 'A-Line' in shape or flared edge and in these cases welt width will be wider than the chest width.



MEASURING GUIDE

For maximum comfort and to ensure the correct fit when choosing a size to knit, please follow the tips below when checking your size. Measure yourself close to your body, over your underwear and don't pull the tape measure too tight!

Bust/chest | measure around the fullest part of the bust/chest and across the shoulder blades.

Waist | measure around the natural waistline, just above the hip bone.

Hips | measure around the fullest part of the bottom.

If you don't wish to measure yourself, note the size of a favourite jumper that you like the fit of. Our sizes are comparable to clothing sizes from major high street retailers, so if your favourite jumper is a size medium or size 12, then our size medium should be approximately the same fit.

To be extra sure, measure your favourite jumper and then compare measurements with the Rowan size diagram given at the end of the individual instructions.

Finally, once you have decided which size is best for you, please ensure that you achieve the tension required for the design you wish to knit.

Remember if your tension is too loose, your garment will be bigger than the pattern size and you may use more yarn. If your tension is too tight, your garment could be smaller than the pattern size and you will have yarn left over.

Furthermore if your tension is incorrect, the handle of your fabric will be too stiff or floppy and will not fit properly. It really does make sense to check your tension before starting every project.